



Pathfinder's Name

Child Care (Babysitting)

- 1. Be able to look after a baby during several hours in the absence of its mother.
- 2. List all the precautions to be taken when preparing the baby's bottle; prepare it and give it to the baby.

- 3. Prepare, bath, change and dress the baby.
- 4. Prepare the baby's bed and put it to bed for the night.
- 5. Know how to weigh a baby and to fill in the weigh schedule form.
- 6. Explain why breast-feeding is superior to bottle-feeding.

- 7. What is weaning?

- 8. What is the fontanel (soft spot)?

At about what age does it disappear? _____

- 9. Interview staff at a local day care center regarding their organization and the help they offer to mothers.

Interviewed _____

Date _____

Date completed _____

Instructor's Signature _____